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# CREATIVE THOUGHT®



FOR EACH DAY

RELIGIOUS  
SCIENCE®

35¢

## THOUGHTS FROM THE EDITOR . . .

**A**LL WORK is universal. As all people are united in the Universal Mind, so all work is united in the Universal Activity. Your constructive work, of whatever nature it may be, is a continuation of the Original Creation.

Seen from this viewpoint no work can be considered humdrum or unimportant. Everyone's work is spiritually significant because it furthers that which was begun by Divine Mind when It said, "Let there be light," and then brought forth a universe. Every kind of work changes things, and from the process of change new structures and situations emerge. You, too, bring light — the light of your individual understanding — into the world. And you, too, directly or indirectly bring forth new forms of creation through your abilities.

Throughout your working day you continue the eternal creative process as you "let there be" business transactions, teaching, household improvements, artistic works and other worthwhile activities by means of your mind and hands. Work is spiritual and should always be in the nature of a spiritual adventure.

**Elena Goforth Whitehead**

# *In Trust and Confidence*

*Robert H. Bitzer*

**W**HETHER the materialist or nonreligionist recognizes it or not, every successful venture is based upon confidence and trust. Business could not operate without credit, man's trust in the honor and integrity of other people. This integrity is noted in the promptness with which an individual pays his bills and meets his financial obligations.

Ralph Waldo Emerson said, "Trust men and they will be true to you; treat them greatly and they will show themselves great." Trust in your fellowman reveals a deeper trust in God and in a principle of good. This nation was founded upon this basic belief. It does not necessarily have anything to do with church, dogma or creed. It is your inner recognition of a power of good upon which you depend.

The psychologist may think of this kind of trust in terms of self-confidence and self-

acceptance. However, the truth is inescapable: There is something within you that is a part of the Universal Principle of right action. Your confidence in its ability and its willingness to respond to you is the basis of your success.

The prophet Isaiah emphasized that “in quietness and in confidence shall be your strength.” Whatever you commence, you must have the confidence that you will finish successfully. You must have confidence that your loved ones are protected and safe. You must have confidence that your ability will always have its right place to express and that your talents, which have evolved through an intelligent creative process, merit their right recognition, acceptance and expression.

Confidence causes you to trust those whom you love but, above all, to trust yourself. Your trust is not measured through your conscious prayers or through secret worship. Your trust is measured by an innate conviction that everything in your life will work out right. This inner attitude makes you know that you are an inseparable part of all that God is.

## THE QUESTION BOX

*"So many negative thoughts flash across my mind. How can I keep my consciousness clear of them so that they will not manifest in my experience?"*

CASUAL thoughts do not take form. Do not be disturbed by fleeting negative thoughts; just get rid of them instantly. Ideas must be harbored long enough to become subjectified, in order to manifest in experience.

*"What is meant by 'right action'? Where more than one person is involved and their viewpoints differ, who is to say what right action is?"*

IN ANY situation where people differ, there are probably many directions in which action could move. The human mind of each person probably thinks his way is "right." But the Greater Mind, with which each individual mind is unified, is aware of all the elements involved and perceives the one best way for the greatest good of all to be achieved. This is what is meant by Divine Right Action. Religious Science teaches that one person must never attempt to gain at the expense of another. The highest benefit for all must be the criterion for solution of any controversial situation. As this action takes place, the individual usually sees that his own highest benefit has also been served.

# *You Are Important*

*Tom Johnson*

**Y**OU MAY think that, because you perhaps lead a very uneventful life and do not contribute to the world in a great way, you are not important to the world itself, but nothing could be further from the truth. You are a consciousness that is vitally affecting all in your own particular world, even though you may not utter a word and may never perform some spectacular feat. Your *now* state of mind is influencing not only your body but your household and everyone and everything in it. Your pets, plants, furniture, clothing, automobile and everything else in your environment are receiving the vibrations of your thought and are either benefiting therefrom or being affected in an adverse way. No one can live unto himself without having some influence upon the world.

The world cannot afford you if you do not give to it in a positive and creative way. It cannot afford to have you leave your home with a consciousness of depression, anger, fear

or anxiety, because it needs just the opposite. It would be better for you to stay at home, but even then the negative state of mind will affect everything within the home.

You owe it to the world, to everyone you know, and to God Itself, always to be at one with the God-Self that you really are. You are extremely important, not only to the people you know, but to the world as a whole. You are potentially an instrument through which God can give to the world, but this giving cannot take place when you are trying to take from the world in some way.

The law of Being will not indulge your wrong use of it; not only you will suffer, but you will be depriving the world of the beauty and love that it needs from you. Deliberately use your thought to be aware that there is that within you which desires to give, to express. It is God. In permitting this action to be released into the world you will be giving in an important way and will benefit the world. Regardless of where you are, let this inner Being use you to express Its greatness.

## *Eliminate "Somedayitis"*

*Frank E. Richelieu*

**W**HEN WE come to the crises and major decisions of life, we stand face to face with our "bare beliefs." Whether we succeed at these points, or fail, hinges mainly upon the belief in ourselves that we hold consciously or subconsciously within.

The "eleventh hour," that appointed time in our lives when all dues must be paid, plays a most necessary part in the divine plan for our growth and unfoldment. Without the quality of immediacy within the need, human nature would choose the comfort of idling in the river boat, drifting according to the whim of the stream of living.

There is abundant slack in the lifeline we are given at birth to "fish" in the waters of omniscient mind. We may choose to cast out in any direction. Many of us idly daydream, never really fixing our attention on our goal or destination. The vessel of experience carries us deep into stagnant waters until our basic needs startle us into purposeful activity.



Deadlines and due dates are to be counted among our most valuable growth-assets. While most of us spend much time and energy fighting them, they stand firmly and constructively as markers of our goals and accomplishments. We wouldn't dream of challenging the crosswalk at a downtown intersection or dueling with the markers on the fairway! Neither must we struggle with the "first of the month" marker or any of the framework within which we follow our chosen pursuits.

Time is relative only to our belief. Goals relate directly to our specific desires. If we have desires in life and choose to reach our goals, there is nothing and no one in our way blocking us. What there must be guiding our way are markers, or many "eleventh hours," demanding our top performance NOW.

We would be well rid of "will be", "going to be", "maybe" and "someday" from our vocabularies, if we choose to accept the winner language. The winners in life's diversified contests never back down "Someday Alley." They move forward daily, facing the "eleventh hour" and accepting NOW as the way and the time to accomplish and succeed.

## *Oneness With Divine Mind*

**A**TREATMENT, such as those on the following pages, is a way for you to become cognizant of your oneness with Divine Mind. Paul said, "... be ye transformed by the renewing of your mind, that ye may prove what is that good, and acceptable, and perfect, will of God." (Romans 12:2.) Regular daily treatment dissolves your doubts, fears, angers, frustrations and worries. It puts you in the right frame of mind. Treatment helps you establish the habit of thinking clearly, correctly, and honoring the Truth of your own being.

Spiritually you are a perfect being, and by spiritual mind treatment you become aware of your great potential. With every treatment you bring more of your true self into visibility and action. You manifest wholeness of body, prosperity in your affairs, and freedom from stress and strain. When you treat you assert your oneness with Divine Mind. Believe this with your heart, mind, soul and strength, and see how wonderful life really is.

*Erna Wissmann*

*Friday, October 1*

## **I AM FREE FROM RESTRICTIVE OPINIONS**

**I** AM not deceived by negative appearances or limiting opinions. There is one infinite, all-wise and all-powerful Presence: God. Since that Presence is everywhere, it is my presence now. The wisdom of God is now pouring through me at the level of my understanding. The healing and cohesive power of God is now healing all false beliefs and all fear of separation from my Source. The Divine action becomes my action now and I move efficiently through my daily tasks.

I release all feeling of bondage that opinions and appearances may ever have imposed upon me. I express true freedom by accepting the will of God for ever greater life and love. I allow God's thoughts, God's words and God's action to move through me into expression.

I rejoice in freedom. I am happy that unhampered and unbound I can BE God's perfect idea of me. There is nothing to impede my progress for I know in whom I believe. With a deep sense of peace I let it be so.

*Earl D. Barnum*

*Saturday, October 2*

**THE DIVINITY WITHIN ME  
ASSURES MY OVERFLOWING GOOD**

**T**HERE is a Divinity within me that is All Good. Each day I recognize It as Life, God's Life. I am aware of being unified with this One Mind, One Presence, One Power, One Intelligence, One Love. This awareness is my foundation of seeing God in action.

God's strength within me overflows as endless energy. I draw guidance and wisdom from God's inner flowing fountain. The Divinity within me channels my ways into success, for It sees no lack and no limitations. It is fully equipped to make right decisions, thus I act in confidence.

My talents are expressed in accordance with God's plans. The Divinity within me guides me to my right places at the ideal times, for God's ideas of perfection are always expressed with highest excellence.

Divinity opens all doors to my greater good. It inspires me to give of myself creatively, constructively and joyously. It expresses Itself as love at all times. I let God's love shine in my consciousness and it radiates to all.

*Estelle Piercy*

*Sunday, October 3*

## I PROCLAIM MY CREATIVITY

**T**HE DYNAMIC Activity of God is right where I am. The wisdom, love and power of God fill my consciousness and erase anything that is unlike the perfect realization of Good. At all times I am sensitive and receptive to the Divine outpouring of God-ideas. My whole being thrills to the Divine Activity within me.

I may not yet know the direction that this creative activity will take, nor am I concerned about the time at which it will express itself. But I *do* know that the manifestation of my God-potential is inevitable and will come to pass at the exact right moment.

My conviction that ever-flowing Divine ideas find an outlet in me brings me into a state of complete acceptance. With full confidence I affirm the spontaneous appearance of God-ideas in me and I act upon them enthusiastically. Gratefully I now let the Universal Creativity move into expression by means of me. In the fullness of joy I know myself to be the Divine Activity of God.

*Ruth Lambek*

*Monday, October 4*

**I EXPRESS THE PERFECTION  
OF DIVINE LIFE**

**I** AM now consciously aware that there is a Divine Presence, an Infinite Intelligence, a Supreme Good, that encompasses and indwells me, everyone and everything. I know that I am indwelt and sustained by this Divine Life Presence and that It is always restoring, revitalizing and renewing my mind and body, always inspiring and anointing me with Its nature of love, wholeness and perfection.

I realize that my contemplation of this Divine Presence is my communion with It, and that as I give It my attention I receive from It exactly what I believe It to be and what I believe It can and will do in and for me and my affairs.

I now draw full, complete and perfect being from this Divine Presence. I know that Its Intelligence governs me intelligently and directs me consciously, accurately and unerringly as I unite with It. By my attention to what I am in It, and It is in me, I am lifted by Its wholeness so that my mind is at peace, my body is healthy, and prosperity is my experience.

*Joseph J. Bayer*

*Tuesday, October 5*

**I ANTICIPATE EACH EVENT WITH  
CALMNESS AND JOY**

**W**HILE I may not know what will take place today, I know that all will be good. I face the day with calmness and joy, for today has evolved from the constructive ideas of yesterday. These ideas will continue to grow as the law of my life brings only that which adds to my unfoldment of good.

I have no apprehension regarding any unexpected contacts, nor can any surprise take me unawares. I am ready for all that comes, because it can only be my greatest and highest good. Any sudden constructive proposition or unexpected opportunity will find me eager and ready.

The good within me knows no opposition, therefore it cannot be upset nor provoked. I am positive in the good and do not require adversity to bring forth my positive being. My consciousness of good admits nothing contrary to good. Wherever I go, mind establishes harmony, love and joy, for there is only one mind in all people—the Mind of God. It reveals and sustains its harmony of being. My calmness keeps all experiences peaceful and joyous.

*Robert H. Bitzer*

*Wednesday, October 6*

**MY GOOD TAKES THE FORM I DESIRE**

**T**HERE is one Substance, God, taking multiple form. Through all things created by the One Intelligence—be it man, animal, plant or stone—flows and circulates this vital substance of all life. I am the form God takes to express Itself. Money is the form that supplies my material needs. My desires are always met on time and in order, with more than enough to use, to share and to spare.

God knows infinite ways to express abundance through me. It comes to me always with good for all concerned. I use it with wisdom. It blesses multitudes of people and returns to bless me again and again.

Lack or limitation has no place in my world. I am a channel for increasing, uninterrupted circulation of wealth. I love the idea *Money*. I accept the Idea *Wealth*. I am the recipient of God's loving giving.

I rejoice in the absolute knowing that it is the Father's good pleasure to give unto me that which brings ease, comfort and beauty into my world.

*Lorraine Ruppert Mayo*



*Thursday, October 7*

## **I KNOW MYSELF AS GOD KNOWS ME**

**I** AM the visibility of the Immaculate Conception. The pure Mind of the Infinite conceived me as Its Idea of Itself. I accept this as being the truth of myself and act accordingly this day. I dismiss all erroneous self-concepts. I am not a material person in a material world solving material problems. I am born of the Spirit and I am that Spirit in total action.

Knowing myself as the Infinite knows me, I am unconditioned by the opinions of others. I cease trying to please people and to conform to the ideas of the world. I am an independent action of the Divine Life. I do my own thinking. I arrive at my own conclusions. I create what I want to create.

My thinking never lingers on negatives. I refuse to worry and I have no fear. I am in control of my consciousness every moment and I focus my thinking on the good that I want and shall have. Great ideas circulate in my consciousness and great and wonderful events take place in my life.

*Raymond Charles Barker*

*Friday, October 8*

**I ENJOY PERFECT HEALTH**

**I** ENJOY perfect health, for the Holy Spirit is the spirit of wholeness that I know myself to be. I am one with the Perfect One, and the boundless energy of God pulses through me, radiating vibrant, healthful life.

In all of my activities I express enthusiasm, vitality and strength, for mind, body and emotion function perfectly as an integrated whole. I work with pleasure, for it is the Holy Spirit within me that does the work, accomplishing every task easily and comfortably. I balance my work with play, relaxing in the spirit of joy. Life is fun because I am being re-created by the Infinite Creator.

I am never disturbed by any condition as I give my complete attention to the perfection of God within. Thus I rest in the Lord, the Law of Mind that reflects the clear Divine image of beauty, wholeness and joy.

I look well, feel well and act well because I enjoy perfect health.

*Mary Margaret Cater*

*Saturday, October 9*

**NOTHING INTERFERES  
WITH MY PURPOSE**

**I** AM the action of God-awareness, eternally filled with a purpose that is divine. The work that God is doing through me I take seriously. I do not let others impose upon this creative purpose. Just as I do not steal time from others, I do not permit others to steal time from me.

I am strong in purpose and I recognize my responsibility to that purpose. The intelligence of God Itself organizes my day so that there is balance in Its expression by means of me. I do not permit anyone to lead me astray either in thought or action.

As God works through me It gives creatively to all, but giving does not include permitting others to dominate my time and experience. I do not do anything that makes anyone forget his own self-sufficiency. In communicating with others I say what I have to say, give what I have to give, and then release them to their own God-expression. As I give in this way, so do I receive from all.

*Tom Johnson*

*Sunday, October 10*

**DIVINE WISDOM ASSURES THE  
RIGHTNESS OF MY LIVING**

**I** AM daily aware of a Higher Power that accompanies me in all that concerns me.

I am freed of fretting and anxious thought for I know that, before I have called, Divine Mind has prepared answers to every human need. I consciously react to life from the standpoint of awareness that God is good and God is all, thus everything is inherently all right. The presence of Total Good relieves me of needless tension, and relaxation is my normal experience.

Every solution necessary to my complete expression of good is omnipresent. There is nothing beyond the reach of the Infinite. Divine response appears as wonderful demonstrations of good.

I trust in the Universe to keep Its part of the game of life moving along with success. I do my part as I keep my focus in mental principles of right action. I grow daily in my understanding of my powerful relationship to the omnipotence of Wisdom. Because I have found the Source of Wisdom within me, I am filled with a trusting happiness in my approach to living.

*Juanella Evans*

*Monday, October 11*

## **MY WORLD IS FRIENDLY**

**I** LIVE in a friendly universe with friendly people and friendly experiences, for I know that I am friendly by nature. My kinship with God and my kinship with life permits no feeling of loneliness. Wherever I go my kinship with God and life establishes the right companions and friendships. Since I give of myself, I cannot experience being alone.

I appreciate the beauty that surrounds me because it corresponds to beauty within. I appreciate music and art because music and art are within me. Just as more than one voice is necessary to harmonize, so many relationships with others are necessary to harmonize my life expression.

Man does not go through life alone. Each person must be himself in order to establish harmony of being. I do not trespass upon the consciousness of others nor usurp their rights or in any way take anything away from their important self-expression. This same law works for me. Freedom is the basis of my harmonious, friendly relationships.

*Robert H. Bitzer*

*Tuesday, October 12*

**I AM ANOINTED WITH THE OIL OF JOY**

**T**ODAY I am anointed with the oil of joy. It is the lubricant of my very being. It oils the machinery of my mind, and my thoughts are high, clear and true. It runs through my emotional nature with such light and smoothness that adverse emotions cannot be sustained. It lubricates every atom, cell, tissue, fiber and organ of my body, permitting them to operate and cooperate in perfect unison.

Such joy and gladness fill my heart that they flow through my veins as vitality, strength and well-being. There are no obstructions to block, hinder or withstand this illuminating joy, for they are melted in the onflow of this irresistible force and are no more.

I exult, with David, that "Thou anointest my head with oil; my cup runneth over." I am, indeed, anointed with the oil of joy and gladness, and Life dances jubilantly, gracefully, lightly and easily throughout my being. Peace and harmony abide within me today, for joy is the lubricant of my being, gladness is the song of my heart, and God is the Life that sustains all.

*Reola H. Presley*

*Wednesday, October 13*

### **I REST IN THE LAW**

**I** THINK into the Divine Mind and set the Law into operation at once. Knowing that the perfect right action of the Law will bring me the desired results, I am patient and free from doubts and fears. Each demonstration proves to me the infallible working of the Law. I am careful to think only worthwhile and constructive thoughts.

The Divine Mind within me is concerned only with what is for my highest good. I follow Its leadings and concentrate my efforts on bringing into visible manifestation the fruits of spiritual ideas. With the wealth of the universe at my disposal, I have access to unlimited bounty and my prosperity is assured. I have complete confidence in the operation of the Law. I express health, wealth and joy. I am radiant with the Life of God, for my unification with the One Mind is complete.

Because I am God-centered, the treasures of the Kingdom are mine. Life lavishes its rich gifts upon me, and I am grateful.

*Erna Wissmann*

*Thursday, October 14*

**THE TRUTH SETS ME FREE  
FROM ALL UNTRUTH**

**T**HERE are no negatives in the Infinite Mind and I am the living consciousness of that Mind. I am the spiritual individualization of the Divine Positives. I am intrigued with the way God works in my consciousness forever revealing that which is creatively so. I watch my thinking to be certain it is thinking the way I want it to think.

I declare a mental cease-fire with all negative thinking and all negative emotional states. They are no longer my enemies for I know the truth of their nonexistence. I am so busy conceiving ideas based on life, love and effectiveness that I neglect all concern with problems. I refuse to give them cause and therefore their death is at hand.

I am sustained in my creative, forward-looking thinking by the Infinite Mind. I am maintained in balanced emotions by the Infinite Love. I vitally express the life and health of God. I rejoice in my freedom from all impediments of mind and emotion. I am free to be the Truth.

*Raymond Charles Barker*



*Friday, October 15*

**I SEE — I HEAR**

**T**HERE is one Mind. This Mind is perfect. I am a center of mind within this Mind. I am receptive to spiritual ideas from this Mind. I release old, rigid ideas of age and failing faculties. I have perfect eyesight. I have perfect hearing.

God is Infinite Mind. This Mind sees all Its creations as good. I do not waste my innate intelligence in criticism or judgment. I give people freedom to act as they choose without my condemnation. Outside actions cannot affect me.

I hear goodness because I believe in goodness. My ears are open to praise, joy and love.

I know that my perfect vision and perfect hearing are dependent on my consciousness. My consciousness is open to sights and sounds of love, praise and joy. I am not limited by any negative subconscious beliefs. I am free to believe, to see, to hear the sights and sounds of Divinity. I interpret all actions, all words, all sights from a spiritual consciousness. Mind sees and hears through me, as me.

*Maryd Cameron*

*Saturday, October 16*

**JOYOUSLY I COOPERATE WITH THE LAW**

**I** APPRECIATE myself as a unique expression of the One Infinite Life. Daily I discover new aspects of my God-given potentialities. I realize that I am able to do greater things as I let the Intelligence within work through me.

I now resolve to engage in creative and constructive activities. I flow with life and do not struggle against it. I discard all fears of limitation in my surroundings and experience. With a peaceful mind, devoid of conflict and confusion, I am free to move forward to successful endeavors. In making each decision I turn to the inner Creative Source with faith and confidence, knowing that Infinite Mind, thinking through me, directs and guides me to right action. Gone are all frustrations of trying to do the work myself, for I of myself can do nothing. I place each treatment in the subconscious law of Mind Action and let It do Its perfect work.

I praise the good that is working for me, with me and through me to accomplish a richer and more abundant life.

*Gertrude Raeth*

*Sunday, October 17*

**ALL GOOD IS MINE**

**G**OD IS the only Presence, the one Life, the one Love, permeating every living thing. Therefore my life is the outpicturing of perfect Being. Spirit in me *is* me as conscious mind, and I know the truth. I do not entertain proud or boastful thoughts of what I have done; I know that my experience is part of the infinite Creation. I do not allow other men's observations to influence my thinking; I think in terms of the good, the true and the genuine. I am always in the midst of the Divine Presence, which forever individualizes Itself through me as my good. God, my Creator, always indwells my consciousness and will never leave me.

The recognition of Omnipresence provides attitudes of worthiness, and the presence of Good in all my activities assures my ability to express right action. Right ideas express as successful living. I give thanks for the Creative Law of Mind, which gives form to my conscious thought of good and fills my life with well-being and opulence. I acknowledge God as Creator of all. This treatment is now subjectively accepted.

*Charles McCutcheon*

## PRINCIPLE AND PRACTICE . . . Lesson Ten . . . HEALTHY MINDEDNESS

**T**HE FAMOUS philosopher and psychologist Dr. William James called the Science of Mind type of religion "the religion of healthy mindedness." Religious morbidity, fear, guilt and superstition have no place in our expression of a full life. To be healthy minded means that we have a constructive approach to the four main areas of daily living:

- 1.—We feel that **WHOLENESS** is health, so we claim wholeness.
- 2.—We believe that **ABUNDANCE** is God's perfect expression for His creation, and we claim and accept abundance in our lives.
- 3.—**LOVE AND UNDERSTANDING** are expressions of health in our relationships with those about us, so we affirm that we are now giving of our love and understanding.
- 4.—We realize that to be fulfilled as persons we must express some **CREATIVENESS**, so we give thanks for the constant inflow of

creative ideas to be expressed joyfully.

Treatment such as the following will help us accept and express the full benefits of healthy mindedness:

"I am grateful that this moment is a moment of communion, a moment so filled with Spirit that for the time being I transcend appearances, false beliefs, opinions and lack of any nature. I am filled with the Spirit of God and realize that the Power of God is the only power in my life. This Power of the Divine Love working in me brings forcibly to mind that in truth my real and eternal self is whole, complete and attuned to the perfect pattern at the center of my being. I am abundantly supplied, pressed down and running over in all that I need. I am at peace with myself, therefore I am at peace with my fellowman, wherever and wherever he may be. I rejoice in the creative ideas that flood my mind and I further feel the joy of bringing these ideas into manifestation in my life. I am eternally grateful for my religion of healthy mindedness, and with a sense of peace I let it be so."

**Earl D. Barnum**

*Monday, October 18*

### **I AM SUCCESSFUL**

**I**N THE One Mind, God, there is all the Power and Intelligence of the universe. This Divine Mind moves through me now, bringing about my new successful experiences from the seeds of success that are already within me. I am receptive to this spontaneous action of the Spirit, and in this manner I create for myself a new heaven and a new earth, while letting go old ideas of failure and limitation.

I am enthusiastic in my creative activity. I love my work. I enjoy my daily employment. I eagerly anticipate appointments and assignments, for these are forever leading me into new areas and dimensions of perception and understanding. I bless my opportunities for successful expression of that which I wish to express. I am thankful that I know what I want to do, and that the Power within me is telling me how to do it.

As I embody these concepts of happiness, unfoldment and success, I find that I am living in my new heaven and new earth today.

*Fay Hopkins*

*Tuesday, October 19*

**TODAY I REJOICE**

**T**ODAY I rejoice in my liberty to be myself. I rejoice that I am led by the Divine Intelligence which I am to be the best self that I know to this date. I rejoice even more that the self that I am today is only for today; tomorrow I shall be another new greater self, for each successive day brings me more knowledge of God, in me and as me, and of my true fulfillment. As I keep in the awareness that of myself I can do nothing, but that God in me does the work, I then rise from glory to glory.

Knowing that each day means progression as I so command it, I use great care not to let any destructive patterns operate in my thinking. I go about my work rejoicing, for I know that whatever my need may be, it is abundantly met.

Right ideas are continuously supplied and Divine love fills my emotions. I am happy today in the joyous expression of my Divine life.

*Sarah Munch*

*Wednesday, October 20*

**I AM STILL AND I KNOW  
THAT I AM GOD**

**T**HE PERFECT action of perfect God is now the action of my consciousness. Besides this action there is none other. My consciousness rejoices in the circulation of Divine Ideas that are flowing through it. These maintain me in instant inspiration and constant joy. I know the Truth, love the Truth and praise the Truth for I am the Truth.

All that is unlike the Truth is now negated in my thought and robbed of all authority. No negatives can claim my attention this day. I stand on the mountaintops of consciousness and shall not come down. All Mind is mine. All Love is mine. All Peace is mine. The words of my mouth and the meditations of my heart are premised on my clear knowledge of myself as I am in God.

I do all things that need to be done in ease, order and with accuracy. There are no false pressures and no wrong conclusions. I like what I am thinking and I appreciate the results of my thought. All is well.

*Raymond Charles Barker*

*Thursday, October 21*

**ALL IS ORDER**

**T**HE CAUSE always precedes the effect, and the effect always follows the cause, just as night follows day. The eternal process sustains order.

My self-image is the creative cause of everything that comes to me and all that goes forth from me. My self-image holds my individualized world in perfect order. All relationships are harmonious and joyous. My self-image sustains self-control and self-dominion. I do not want to control or dominate any other individual and, by the same law, no individual would want to control or dominate me.

I do not permit ideas that would produce discord or disaster. Life unfolds increased good each day. I do not open myself to negative suggestions or confusion. Order sustains right thinking. I always have the conviction of expansion and a larger expression. Everything in my life sustains order and harmony. Everything expresses harmony of being.

*Robert H. Bitzer*



*Friday, October 22*

**GREATNESS IS MINE**

**I** AM that which is ever new. Mind, God, the one Creator, formed me out of Itself to be Itself as me. I do not indulge in self-justifications or give reasons for my individuality. Life is specialized in me. I compare myself with no one. Each person who comes my way is an idea of Spirit. I let him be that. I do not hamper him or myself with statements beginning, "If only . . .".

I affirm that I am divinely able to understand new ways and profit by them. I am positive in my work and my goals, for progress is the law of Life. What I conceive already has in it the way to do it. Greatness is my means and my destination. Destination is not an ending, it is a springboard. In Consciousness are empires, systems and fortunes still to be accepted.

I forgive myself if I ever doubted the power of the Infinite. I know It is the one Power, and because I know It I reveal It in my world.

*Catherine Hubbell*

*Saturday, October 23*

### **I AM HEALTH PERSONIFIED**

**D**IVINE LIFE, from Its own perfect substance, expresses as human life, and I am that life here and now. Health is the natural state of the person that Wisdom envisioned, and I am that person. Life can think only in terms of Its own vitality, well-being and fulfillment, and as life I personify those qualities. Formed by Infinite Intelligence, I embody the inalienable Rightness of existence.

Knowing that consciousness determines experience, I totally accept the Divine Consciousness of Health as my consciousness of health. The Nature of Health, with all that It entails, is deeply and dynamically subjectified in me, and I let It express through me with Its full perfection and power.

I am energetic and flexible because I personify the Divine concepts of energy, motion and grace. My body functions flawlessly because Divine Intelligence designed it for exuberant living and sustains it for the same purpose. Divine Life is not only healthy, It is Health, and I am Its image. My health is perfect because I am Health personified.

*Elena Goforth Whitehead*

*Sunday, October 24*

### **I MOVE FORWARD WITH AUTHORITY**

**I** AM not afraid to move forward, for I am not afraid of life. Life is God, and God lives by means of me greatly and fearlessly. The God-Self within me is always wealthy, healthy and free to express the positive and constructive aspects of life, and it is to this Self that I always refer.

The infinite intelligence of my God-Self keeps me from living recklessly or foolishly, yet Its wisdom permits spontaneity and enthusiastic expression of the now. I do not procrastinate for fear of making the wrong move. My God-Self knows what to do and guides me always into right and constructive doing.

I step out into the mainstream of life through my concept of God as me. Therefore I move with precision, authority and courage, for I know that there is an unlimited power and intelligence supporting the way in which God directs life through me. I expect only the wholehearted response of all, to all that God is doing by means of me.

*Tom Johnson*

*Monday, October 25*

**I ACCEPT NEW AND MORE WONDERFUL  
OPPORTUNITIES TO EXPRESS GOD**

**R**EGARDLESS of what anyone else is thinking, I have dominion in my own mind. I know that the goodness of God is just as current today as it was in any time in history. The Reality of my being is intact. I can and do now enter into a stronger awareness of my authority in the realm of mind.

In my mind, I am master. I take my responsibility with joy. I direct my thought to the fulfillment of today's more wonderful opportunities. I delight in newness of expression. I accept greater creativity. I move into an ascending spiral of givingness as my ability to give is increased through my increasing awareness that God is my being and moves through me AS me.

Nothing is lacking, for God — Wholeness — is here and now. My mind is free and I use it with power and joy. I accept success, for God never fails. I can and do meet today with my own inner Rightness. I thrill everyone and myself with the Way which shines through me.

*Juanella Evans*

*Tuesday, October 26*

**I FULFILL THE DIVINE PURPOSE  
OF MY LIFE**

**I** AM consciousness. I am a living Idea which the Infinite Mind conceived and brought forth. I am the visibility of God. I am he who was to have come. I am the right person in the right place this day. Right ideas maintain me in right action so that the glory of God shall be made known. I am worthy of my high calling as an instrument of the First Cause.

I love to live that life which is God. I love to love with that love which is God. I love to think with that mind which is infinite and eternal. I authorize only the good, the right and the beautiful. I will not authorize or entertain negative concepts.

I know that the nature of God is the nature of my own self. I know that I am cause to my own experience. I am determined to be the creator of those things which bring forth glad tidings of peace. I fulfill the divine purpose of my being in all my ways and through all my means.

*Raymond Charles Barker*

*Wednesday, October 27*

## **I AM COORDINATED BEING**

**I** KNOW that "I and the Father are one." Being one with the Supreme Coordinator, I am in harmony with the universe. Because my mind is an offshoot of the Mind of God, my thoughts are always coordinated and orderly. I know no confusion in mind; my thoughts are never scattered nor divided against themselves but are always constructive, with singleness of source and purpose.

I center my thoughts in the One Source of all intelligence and I am guided and directed to perfect Being. I need never be concerned with any lack of coordination between spirit, mind and body, because in God these are one, functioning in perfect order and harmony, always held in their proper relationship. As a result I relate well within myself, and my outer relationships are also good. I am loving, gentle, peaceful and cooperative. People seek my company because they find in me a source of strength and coordination, for what I am in Being I am in expression — and I am coordinated Being, one with the Power of Divine Coordination.

*Hal Bockoven*

*Thursday, October 28*

### **I AM FREE FROM LIMITATION**

**I** AM free from limitation because my real self is the image and likeness of God. In choosing my course of action I am confident that my oneness with God makes all things possible to me and that my attainment of any good I want is achieved without adverse limiting effects from any source. The "I am" which is my true self is free from limitation. Unlimited opportunities await my transforming them into being by my decision to do so. I set my own standards of attainment and live up to these standards by selecting the thoughts and doing the things that produce my good.

Limitations arising from negative emotions cannot enter my consciousness nor my experience because my mind is filled with God and God's ideas. I have no belief in lack of ability and therefore my thought-power to accomplish is not impaired. I will not let false thinking limit me, thus I move ahead without obstruction to the achievement of my goals. Because I consciously live in the presence of God, I am free from limitation.

*R. Welton Whann*

*Friday, October 29*

## **I DEMONSTRATE ABUNDANT GOOD**

**M**Y MIND is attuned to Divine Mind, and splendid ideas are always available to me. There is a newness of life that spurs me on to greater achievements. As I consciously think constructive and clear thoughts, my subjective mind carries out the directives given to it.

Because I follow the leadings of Divine Mind I handle my affairs with wisdom. Events and happenings take on a joyful note as discordant and unpleasant conditions are healed. I work harmoniously with people, and gladness fills my heart.

I do not fret or worry over delays but allow the perfect plan to materialize. I am vitalized and transformed by the renewing of my mind. I praise the intelligence within me and it responds in a marvelous way. As the flow of the river increases as it courses on its way from its source, so the movement of my thoughts flowing from the Infinite Mind increases in inspiration and understanding.

I demonstrate health and supply. My life overflows with the bounty of God and I am grateful.

*Erna Wissmann*



*Saturday, October 30*

**I AM DAILY RENEWED**

**N**EWER and greater than ever before, at this very instant, is the reference which Mind Infinite makes of me to Itself. I am what I do with It. Given to me is the steady inflow of limitless energy - supply. Mind's Kingdom is at hand. I distribute Its riches.

Uncluttered with speculations about "my" future or "my" past, my mind — now stilled — focuses its attention upon the truth of my selfhood, which is spiritual, formless, void of size, weight, gender, age or color. Without it no facet of my being would exist, no changes for my better good will take place.

My greatest flexibility and inner discipline now evolve from my obedience to spiritual Self-Control: I am led to lead myself. I step daily into a newer Newness of myself, re-resurrected.

My perfect health and my fuller freedom exist because I reach out for them. The Wholeness of Mind Infinite in me is greater than all the parts that sum it up. I am, renewing myself, renewed by It.

*Fritz Hermanns*

*Sunday, October 31*

**I AM A DEFINITE, PURPOSEFUL THINKER**

**I** DO NOT spend my time in endless reverie nor idle day-dreaming. I choose that which I want to express and think creatively about it. The Law of Mind accepts my thought and brings it forth as my completed experience. I do not have to wait for my thought to become creative; it is instantaneously creative. I put conviction into it, and it fulfills its perfect expression. Instead of scattered thinking of good, my creative thought applies itself specifically to that which I want to express.

My thought of financial prosperity is creative and does its perfect work. It maintains order and leaves no detail of my business to chance. Creative thought is directive and purposeful. My consistent, orderly thinking expresses that which I am.

My thought animates every area of my life. No segment of my daily experience can be futile or disappointing. Creative thinking sustains me throughout the day at the high level of joyous fulfillment. Purposeful thinking is the keynote of my daily treatments.

*Robert H. Bitzer*

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## THE BASIS OF BECOMING

**R**IGHT where you are, God is. God as Mind responds to your thoughts. God as Power acts through your faith. God as the Essence of Being becomes in you, as you, what you conceive yourself to be.

Mind, the one creating Intelligence, being universal, is centered in you. When you think, it thinks — amazing as this may sound. When you entertain an idea, the creative process responds as would a manufacturing plant when you place an order. The details of design are formulated as are the plans for carrying through to the finished product.

Power, the same power that grows an oak, acts through your faith. It reaches out with the great law of attraction to draw to you all elements necessary to the design. Directed by Intelligence, this action takes place harmoniously in the right sequence. The idea you animate with your faith actually grows into expression. Knowing this, you lift your vision to the person you want to be, trusting that the Essence of Being has already begun becoming this person.

**Carleton Whitehead**