

DECEMBER, 1971

# CREATIVE THOUGHT<sup>®</sup>



**FOR EACH DAY**

**RELIGIOUS  
SCIENCE<sup>®</sup>**

**35¢**

## THOUGHTS FROM THE EDITOR . . .

**W**E ARE sometimes dissatisfied with ourselves. We feel that we should be more outgoing, or perhaps more reflective; express greater variety, or be more dedicated to one talent. We look at someone else and wish we could be more like him.

We must learn to appreciate and respect ourselves, just as we are. Recognition that we are where we are, doing what we are doing, **because** of what we are (not in spite of it) will help to establish this essential self-esteem.

Are you contributing to the world by your present activity? Then realize that if you were a different type of person you would not — could not — be contributing in this particular way. Diversity and specialization, extroversion and introversion, are all facets of Divine individuality and valuable in the universal plan.

Expand your abilities, of course, but let your development be on terms meaningful to **you**. The world needs the versatile person, the single-minded person, the outgoing person and the inreaching person. As long as your expression is constructive, the world needs you now, exactly as you are.

**Elena Goforth Whitehead**

# *Keeping Christmas Alive*

*Robert H. Bitzer*

**A**NOTHER Christmas will soon bring happiness and thrill us anew with its deep meaning. Yet the spirit of last Christmas and all the Christmases before has never left. "The song is ended, but the melody lingers on." Christmas does not come and go, because Christmas is eternal. It is the consciousness in your heart that you are the image and likeness of God. God made you to be well and endowed you with the ability to sustain your perfect expression.

All the joy of all the Christmases throughout your whole lifetime is still a part of your inmost being. All the good you have ever received is alive at the center of you. It is staggering to realize the vast accumulation of love that your Christmases have built up within you. Each morning this coming year, start your day with the realization that something new is born in you. This creativeness of love will bring forth new experiences.

At Christmas you have a real experience of

love toward those whom you shower with gifts and those who shower you with gifts. Between Christmases nothing happens to the power which that feeling engendered; it is still part of you. But it needs to be kept in mind so that you do not forget.

The noble things that you have done throughout your life bear witness to the truth that your real stature never changes. One of the great wonders of Christmas is that it gets you outside yourself. Ralph Waldo Emerson said, "The moment we indulge our affections, the earth is metamorphosed; there is no winter and no night; all tragedies, all ennui, vanish — all duties even."

People must get over the fear of letting their feelings express. One of the all-time great, and most rugged, football players, Mike Garrett, when he received the highest award offered in that sport, broke down and cried. Really strong people are tender and loving. Christmas is constantly reminding you that you are born into divinity; and when you forget, it causes you to be reborn and reborn until you never forget. Christmas is forever.

## THE QUESTION BOX

*"My greatest problem in treating is that my attention wanders. How can I control this?"*

The attention will not wander when there is true interest in the ideas being considered. Try to develop a keen interest in the truths you are affirming and a sincere enthusiasm for your project of directing creative mind power to specific purposes. Some students find that treating aloud helps to keep thinking focused. Others even write out their treatments; you might find this an effective procedure on those occasions when your thoughts stray.

*"Must we know the cause in order to heal the effect?"*

Many people find it helpful to know the cause. They can thus work to change the specific attitudes or eliminate the particular barriers in mind that are involved. However, it is not essential to identify negative or secondary cause; First Cause — Divine Being — supersedes it when the total consciousness is transformed, and lifts all experience to a higher level. Thus, whether we know the cause or not (and often the cause cannot be ascertained) we can always treat effectively by affirming the truths of perfect life.

# *Two Minutes*

*Raymond Charles Barker*

**G**OOD doesn't just happen. It has to be caused. As everything else does, it starts with an idea. Man is the only form of life that can deal consciously with ideas. He can cause ideas to reveal themselves in his consciousness. He can program the good that he wants in his experience. Ideas are free. Thinking costs nothing. It doesn't even take much time.

Too many people never take two minutes to program their good. They take life as it happens and complain about the lack of good in their lives. All of this is unnecessary. Life limits no one. Mind is equal in all people. Ideas are as near as your next thought. The creative process of the mind which brings forth your good is independent of heredity, environment and education.

Deliberately program some good that you want. Take two quiet moments and contemplate the idea of it as being yours right now.

Make certain that no doubt enters this two-minute thinking. Know that the idea is moving into the Law of Mind which is your own subconscious. At the end of the two minutes deliberately change your thinking to something else, but be sure this something else is pleasant. Do this twice a day.

Will this simple technique work? Of course it will work. We will never know the millions of people who have done this unconsciously. But you can do it consciously. Start with the demonstration of small projects. As they happen your faith builds. Then you are ready for larger forms of good. You know that the technique works and that you can work it.

If you can take minutes each day to worry, you can certainly spare two minutes twice daily to bring forth your new form of good. You were not born to worry but most people have done a grand job on their consciousness so it can worry easily and often. The worry technique reversed is the success technique. If you can worry, you can pray. Life responds to both mental systems. Life leaves you free to choose your good deliberately. Do it.

# *The Gift*

*Carleton Whitehead*

THE DESIRE to give has been inherent in the spirit of Christmas ever since the Magi laid their gold, frankincense and myrrh at the feet of the babe in the manger. The desire is heightened by the carols, the warm greetings of joy and goodwill, the Santa Clauses, the decorations and all the other window dressings that are so much a part of the traditional season. This desire can to some extent be satisfied through gifts lovingly chosen and graciously bestowed. But often there remains a subtle sense of unfulfillment, especially as the spirit of Christmas heightens and the circle of ones to whom we would like to give widens far beyond our means. Yet for the desires of the heart there is always a way. There is a gift of inestimable value that you can give to everyone, a gift that, instead of decreasing your resources, increases them.

The secret (as you students already know)



lies in the universal and timeless meaning back of the Magi story: the Wise recognizing the divine Self, the presence of God, the Christ in each and every person. This recognition is the greatest gift of all, and it can be given to everyone — the people you see in the store and the restaurant, talk to on the bus or phone, the ones you pass on the street, loved ones, business associates or strangers.

When, along with your "Merry Christmas," you silently greet the Inner One, the recipient may not be consciously aware of your gift. But the communication has taken place at a level much deeper than words and there is an inner response, a quickening that can have far-reaching effects. Lives have been transformed due to the right thought at the right time. You may never know, and certainly in most cases will not, the amount or kind of good flowing from your gift. But you will know an expansion in your own consciousness, for that which you give increases within you. The spirit of Christmas illuminates your every thought as peace, goodwill and joy fill your heart.

## *Mind Is Power*

**T**HE IMPORTANCE of recognizing mental ability, above and beyond physical reality, becomes clearer as one realizes that the mind grasps and creates to a far greater degree than do the hands, with their energy of physical being. Thus one sees that the power within his mind is greater than the physical world. The capacity of thinking — of standing at the portal of thought and choosing how one's physical world shall be — is greater than outer circumstance. The ability to choose the atmosphere of feeling and emotion is greater than the world of material things and conditions.

Become aware of that power of mind which governs and transcends the world. It is the power with which you inspire greater good health, harmony and wealth. Realize that you are strong and free through the power of God-Mind in you. Use this power, in love, for the healing and blessing of your world. The following mind treatments, written in the first person, are designed to direct this mind power into the enrichment of your life.

*Alvin D. St. John*

*Wednesday, December 1*

**I EXPAND MY EXPRESSION OF LIFE**

**K**NOWING that it is the nature of the Law of Mind to give outer form to inner attitudes, I now revise my state of mind to give it new thoughts and mental associations with the good, the better and the finer.

I sincerely believe and accept as truth that all the good I desire, all that I can and will accept, is already a gift of the Infinite to me, for there is no limit to infinite supply and infinite givingness. An overflowing abundance of health, love, wisdom, power, joy, happiness, success and opportunity is awaiting my acceptance, and I now accept a full measure of all good.

I adjust my conversation and actions to the awareness of plentiful and present supply. I think, speak and act in terms of vitality and prosperity. I conceive new creative ideas, knowing that the good that I desire, desires fulfillment through me. I let the will of Life for the expansion of Its own expression expand my well-being and my value to my world.

*Joseph J. Bayer*

*Thursday, December 2*

**I SEE THE GREAT AND THE GOOD IN ALL**

**I**N THIS instant the Power of Mind is everywhere in all as all. Therefore the universe is upheld in order and harmony. The people in this world live as individualized ideas of perfect Spirit. They are unlimited in thought and creativity. Substance and success are planted in them, and their fields of endeavor are ready for harvesting.

I am one with this All-Producing Power. I walk among Its other ideas rightly knowing, rightly seeing. For him who expresses a desire, I conceive it as fulfilled now. For one uncertain of what to do, I claim that Omniscience in him makes the next move. For one experiencing illness, I affirm that wholeness never departs from Consciousness.

My peace cannot be undermined by false images in guises of reality. Power and purity, purpose and plenty are in the upholding Mind. I am that which comes from, proceeds to and exists as the Infallible. I shall never be less. I claim for everyone I deal with this same invulnerable greatness. It is always there. I always see it.

*Catherine Hubbell*

*Friday, December 3*

**GOD ENJOYS LIFE BY MEANS OF ME**

**T**HIS DAY is a new beginning. Because of my acceptance of the law of mind, and of God as the only power in my life, I know that today need not be similar to yesterday. I have the power and the intelligence to create a new experience, something more wonderful and beautiful than I have heretofore known.

Today I choose to experience the new and desirable. The clouds of yesterday are dispersed as the light of my God-awareness shines through. The burdens of the past are lifted from me as I turn to the nowness of God.

I am at one with the fun and the laughter of this day. Since there is That within me which always knows what to do and how to do it, then my heart sings with Self-sufficiency. God by means of me is not frivolous, because It is always aware of Its Divine purpose of creation, but God, being carefree, sings, laughs and has fun by means of me. I am light-hearted, for the joy and love of God direct my way.

*Tom Johnson*

*Saturday, December 4*

**MY GOOD OVERFLOWS**

**I** BEGIN this day by opening the channels of my being for good. This good includes monetary supply, perfect health, happiness and friends. I do not look for my good in the outer periphery of my activities, but accept it through the inner realization that all good is everywhere present.

All that I need I receive, for I know that the God action which supplies my needs is immediate, complete and forever sustained. It is never late but is always on time and in order. It is never meager but always bountiful. Therefore I clear my thoughts of all doubt, all fear of lack, and accept my good as it flows to me in abundance.

I am enthusiastic and filled with joy as I open myself to the manifestation of my desires. I know that the Truth of God assures me that before I have asked I shall receive. I accept my supply in full measure, pressed down and running over. For my overflowing good, I give thanks.

*Gretchen Bremermann*

*Sunday, December 5*

**ALL MY EXPERIENCES ARE CONSTRUCTIVE  
AND HAVE MEANING TO ME**

**I** REALIZE that every experience has exactly the power that I give to it. Experiences are not things within themselves, but reflect my constructive thinking. Only those experiences that belong to me can be part of my life and only that which is good can have any existence for me, therefore I recognize the inner meaning in every experience.

Everything that comes into my life is related to my God Being. Every experience reveals to me my oneness with the Infinite, therefore each experience frees me from all selfishness or egotism. It reveals my oneness with the Infinite Mind ever unfolding its infinite being. Regardless of what concept I may have of myself, no matter how great and good, the Power within me will transcend it. No circumstance has the power to limit me, for I am Infinite-Mind-conscious. As fast as one experience is manifest I precipitate another one, larger and more meaningful. My infinite capacity to express the creativeness of Mind sustains my infinite being.

*Robert H. Bitzer*

*Monday, December 6*

**I TRUST GOD'S GREATNESS**

**W**ITHOUT reservation I put my trust in the loving Law of the Universe. I know that the perfection of Its response will be totally adequate to my fervent dedication. I do my part as I put myself into relationship with the Whole in all as all. I know that there is no separation between God and man. My right knowing corrects any seeming separation with dynamic yet simple right action.

I keep my states of mind clear of lack, hurt and futility, and focus clearly and sharply upon the inner Right until it appears in my world. I can and do use my knowledge of mental Law and expect right results to appear at the right time, for I know that it would be impossible for the Law of God to be too late in responding to me.

As I have made the union with the Center of Life, I know there is no break nor gap in the flow of life as constructive expression. My days are the splendid events of the inner Light revealed as perfect unfoldment.

*Juanella Evans*



*Tuesday, December 7*

**GOD'S ACTION IN MY  
CONSCIOUSNESS IS WONDERFUL**

**M**Y THINKING is creative because my thinking is the thinking of the Divine Mind. When I think, God thinks by means of me. My consciousness is totally spiritual, for in it the action of God takes place. I am a vital means by which this right action brings forth expanding good in my life. I use my mind as it should be used.

I give no mental or emotional power to negatives. They have no purpose nor plan in my life. I authorize their total dismissal from both my conscious and subconscious mind. I give my full attention to the Truth and nothing but the Truth. I demand of my consciousness the fullness of life this day. It responds to this demand and I am rejoicing.

Great and new ideas are revealing themselves in my thought. Within them are the capacities of my total fulfillment. They are God's beloved activity and I welcome them and use them to the fullest. I give these ideas my vital thinking. As a result they demonstrate with ease and in order.

*Raymond Charles Barker*

*Wednesday, December 8*

**MY SENSE OF PEACE IS POWERFUL**

**C**ENTERED in the inner Presence of God, which is eternal, I abide in the Peace that is everlasting. I know that the deep and powerful Universal Tranquillity has never been scarred by the superficial turmoil of the human scene. The ability of Life to be and to become is never diminished. Undeterred by fluctuations of personal experiences and emotions, creation calmly continues.

I align myself with the peace and power of the creative drive. I refuse to use my energies to react to life in negative ways; I utilize my full strength to know the Truth, to be and to do. I am not deceived by dire observations and predictions; I know that Universal Good cannot be halted in Its unfoldment, and I am one with that Good.

I am at peace because I base my life's perspective not on surface events but on the deepness of spiritual understanding. Whatever takes place in the physical world, I stand my Divine ground. My sense of peace is not passive but dynamic. Through me Life achieves its creative purpose with power and serenity.

*Elena Goforth Whitehead*

*Thursday, December 9*

**SPIRIT SUSTAINS ME ALWAYS**

**I** RECOGNIZE that Spirit in and as me, the real I AM of me, desires to express life, to be through me a vital, dynamic, active power for furthering God's divine plan. I thus expand my appreciation for Spirit's sustaining and vitalizing action not only in me but in all the life forms around me. I see past any expression of lack, inharmony or dissonance. I rejoice in the perfect and harmonious action of God, through me and as me.

I am on a strict mental and emotional diet, for I guard carefully the thoughts and feelings that I shall express. I am lavish in sharing the elixir of gladness, the balm of love, and the tonic of enthusiasm. I revel in the pure joy of giving service to my fellowman. I am patient and understanding and my world responds.

Daily I become more aware that the Spirit of me is the real and lasting life of me. I now rest and let the inner Wisdom be the guide to my greater expression of living. I partake of and enjoy fully the sustenance of the Spirit within me.

*Earl D. Barnum*

*Friday, December 10*

**I AM ALWAYS PROGRESSING**

**A**LL LIFE is movement, and I move with the stream of life. I am not restless or impatient, but with an alert mind I move forward to new horizons, new goals and achievements. Nothing can cloud my spiritual vision because the inner light of God illumines my way. The Divine Thinker within me keeps the current of my thoughts flowing in the right direction. Right thinking impels me to right action and the results are excellent.

I am never without guidance or direction. I know how to proceed and how to keep my good moving toward me in a ceaseless flow. I am an enterprising person, always accepting the interesting challenges of life. With faith and courage I perform each task, spending my time in fruitful endeavors.

Divine Mind, thinking through me and as me, constantly finds new and profitable avenues for the employment of my talents. I advance each day and gain greater dominion over my world. For my progress, I give thanks.

*Erna Wissmann*

*Saturday, December 11*

**MY RELATIONSHIPS ARE FOUNDED  
ON MUTUAL RESPECT**

**N**O PERSON can think for another. Each person has an inherent responsibility to choose his own thoughts. Nothing in me needs to apologize, defend or explain my thinking to anyone but myself. I do not demand that anyone explain his thinking to me. I free myself and others to true self-expression, knowing that that individual expression is the automatic result of each person's own subjective understanding of Truth.

I have no concern with the thoughts of others, including their opinions of me. Their divine privilege is to think what they wish to think, but I reserve the right to accept or refuse that opinion. Only thoughts that I accept can cause an emotional response in me, and I do not choose to accept thoughts of rejection, thus I am free of fear or resentment of others.

I let the law of attraction bring to me those people with whom I belong for our mutual benefit. All my relationships are founded on mutual respect and acceptance.

*Nancy Anderson*

*Sunday, December 12*

**MINE IS A WORLD OF BEAUTY**

**I** LOOK out upon this day, and what I see is beautiful. I see unlimited opportunities to express the glory and completeness of God. I see golden occasions to give to others that which will make them aware of their sufficiency, their unique ways to express God. I look out upon this day, and through my awareness of life I remove or release that which does not harmonize with God's infinite beauty. My awareness of Truth sees through the weeds, the dust, or whatever covers over the perfection that is.

My awareness of beauty causes that beauty to be reflected in my environment. I am the instrument for God's beauty to be revealed, seen and enjoyed by all. I resist not beauty, for it is the reflection of my inner God-Self. God beautifies by means of me.

It is my purpose to let God work through me and show the beauty that It is. I am God's eternal means to glorify Itself. God provides the vision, energy, ideas, enthusiasm, power and the results. Mine is a world of beauty.

*Tom Johnson*

*Monday, December 13*

### **I AM FREE OF CONFLICT**

**I** AM free of conflict, for I clear all conflict from my own thoughts. I turn to the Spirit of Love within me and establish myself in complete harmony. I realize that the Father and I are one, thus I am one with all peace, all love and perfect understanding. Centered in the peace that indwells me eternally, I am free from all power to hurt and all tendency to be hurt.

No inharmony can come to me, for I will not admit it into my consciousness. I refuse to entertain any idea of offense but recognize the inner harmony of life, for I am aware that that which seems real to me must come unflinchingly into my experience. I know that the Infinite is enfolding me in a circle of love with everyone in my world. There can be no separation, for we are unified in understanding.

I am one with all persons everywhere. I express trust, loyalty and goodwill, for I am established in the Spirit of Love. I am free of conflict, and I give thanks.

*Hazel Jimerson*

*Tuesday, December 14*

**THAT WHICH IS RIGHT GOVERNS MY LIFE**

**T**HE PRINCIPLE of right action always sustains itself in all that I am and do. That which is right for me always governs. That which is right for me contains no unpleasantness and no pain. That which is right for me blesses and prospers. It includes joy, love and perfect understanding.

It is right for me to recognize the creativeness of my mind operating within the one great Mind. It is right for me to prosper in all that I do. It is right for me to get along with people. This consciousness of rightness knows no wrong and fights no evil. Just as the light does not fight darkness but is oblivious to it, so the rightness of me does not fight any so-called opposite. Negation has no existence for me.

I live in a world that is right in its action and constructive in its operation. The power of rightness itself is the law of elimination unto all contrary beliefs. Rightness establishes the right attitude in me toward the Infinite One, myself, and all people in my world.

*Robert H. Bitzer*



*Wednesday, December 15*

## **THE HEALTH OF THE SPIRIT IS MY HEALTH**

**I** AFFIRM my health to be spiritual in both cause and effect. My health was created and forever is being re-created by the Eternal Mind which never fluctuates. My health is permanent and constant. It maintains me in full livingness with vitality and joy. My body outpictures this mental health with accuracy. I feel great and I look great.

I refuse to believe that I could possibly be subject to the ills of humanity. I deny out of my subconscious mind any old or new causation of disease. As a spiritual being I cannot be sick and I will not be sick. I am God's representative on earth and I represent the health of the Infinite Mind.

I radiate health and it is infectious to others. There is innate wisdom in my health and all my habits of living are disciplined and directed by this inner correct knowing. This wisdom of the Self keeps my consciousness clean, fresh and pure. I do not adulterate Divine Ideas with negative thinking. I exhibit a healthy mind as well as a healthy body.

*Raymond Charles Barker*

*Thursday, December 16*

**I ACCEPT THE TRUTH THAT  
GOD IS THE LAW OF MY ACTIVITY**

**I** ACCEPT God's plan for me. I accept the assurance, "I send my messenger before thy face, which shall prepare thy way before thee." There is within me the power to glory in God. As I understand the oneness of the universe I realize that there is nothing to fear. I now recognize and accept the guidance of the eternal Presence within, which irresistibly compels me to express wholesome living.

I accept the truth that I am about my Father's business and that God is the law of my activity. I know that within me is the Presence and Power of God, and that this Presence and Power multiplies every idea and directs and gives life to every activity of every day.

As I accept the Infinite Life and the Infinite Love within me, I am filled with strength and vitality. Inner Wisdom reveals to me the work that I am to do.

Today I accept the perfect pattern of the God-intended man.

*Dorothea Austin*

*Friday, December 17*

**GOD IS MY JOY OF BEING**

**W**ITHIN ME is the stability of God. I do not *have* the Nature of God; I AM the Nature of God. Mine is the nature of Life's own, dynamic Consciousness of Love for Being, loving all Being.

I have no animosity toward persons or groups. I decline to hurt myself by believing in mental malpractice directed against me. Even those who may think that they have reason to condemn me have my love for their unmistakable Being, which is greater than their blurred sights. A blessing they are to me, marvelous to my understanding, because — being God-naturalized — I benefit, loving the real, overlooking the misfitting, giving my peace unto them.

I am the consistency of God. From the truthfulness of pure consciousness I know things rightly and take right action as unlimited Mind.

As of this moment, because I am conscious in God, of God, as God, there is no fear or guilt to invent, borrow or join. Only the integrity, consistency and joy of my experience of God's Being — IS.

*Fritz Hermanns*

## PRINCIPLE AND PRACTICE . . . Lesson Twelve . . . FLOWING ABUNDANCE

**WE** ARE now in that part of the year that seems to be the living expression of abundance of all good. The Christmas vibration makes itself felt and we respond to it with great joy. And our joy will be even greater if we use our abundance with understanding.

If we try to enter into the spirit of the word "abundance" we find that it creates a feeling of movement, of flowing. And when we learn that it comes from two Latin words, "ab" meaning *from* and "unda" meaning *wave*, we see why a consciousness of abundance could not be fixed and static. So abundance would literally mean the act of flowing as from a wave . . . waves and waves of abundance. But if something flows *from* a source, it must also flow *to* something. And if we do our part we will not stop, hinder or impede the flow. We will create new ways in which the waves of abundant good can flow to us, be wisely used and helped to flow from us.

Prayer treatment such as the following will

help us grasp a deeper understanding and appreciation of our abundance:

"I give thanks for the wisdom that responds to my asking when I seek guidance. I become conscious of my part in the daily choices that affect my life. I use my power of discrimination wisely. I become aware of many things in my life that have been taken for granted and I now appreciate them anew. Even the paintings on the wall radiate a new and greater message. I sense that nothing is insignificant and I now use all of my abundance in a more meaningful way. I dedicate all of my abundance, of whatever nature it may be, to God's Divine Plan. Whether it be a fortune or a penny, it is in service to God's purposes. Whether it be love, beauty or joy, it is now shared by all who will receive it. I am deeply grateful for the waves of abundant good that flow to me to be used wisely and joyfully and allowed to flow from me. With faith I let it be so."

**Earl D. Barnum**

*Saturday, December 18*

**I AM IN TUNE WITH INFINITE GOOD**

**I** GIVE thanks for Life today and go forth with joy and praise. I am in tune with Infinite Good. I express perfect health, strength and vitality, for I am one with Infinite Life.

This is the day that God has made, and I rejoice in perfect love and peace. I express these qualities in every contact, in every experience, and I give thanks that this is so.

In every decision I am called upon to make I am guided by Infinite Wisdom, and I accept success in every task I undertake. I meet the problems of the day joyously and fearlessly. I give the best of myself to Life and accept the best of Life for myself.

I am one with unlimited supply of every good thing, and this includes ample and abundant fulfillment of every need. God's supply is mine now.

I give thanks for the Divine Harmony of Life that sings in my heart, and I accept and express good and only good.

*Mildred C. Hinckley*

*Sunday, December 19*

### **HAPPINESS IS MINE**

**T**HERE is only one Life. It is whole, complete, perfect and filled with Divine joy and love. I cannot be separated from It, for It is the only life I have. Knowing this, I place my trust in God today and allow the Divinity in me to express Itself freely in everything I do. In all of my relationships I experience joy, enthusiasm and a harmonious oneness of purpose. I let my happiness be known to all and I rejoice in another's good as if it were my own.

As I am aware of Life's perfection, I cannot register negation or feel that any new day holds no happiness for me. I face each day with expectations of the good that God has stored up for me. I see it pouring into my experience in wonderful ways. My life is full, fruitful and productive, for joy is a healing emotion that no problem can surmount.

Whatever comes to me today is going to be something better than I could possibly imagine. Gratitude and thanksgiving fill me as I embrace Divine beneficence, for I accept that something wonderful is coming my way today.

*Leo V. Stockman*

*Monday, December 20*

**WHERE I AM, GOD IS**

**G**OD IS the infinite Reality. That which is infinite is everywhere present; therefore, right where I am, God is. Where God is, there is life, intelligence and creative power.

The Life that is living itself in me is the Life of God. This is the Life Eternal and therefore ageless. It is as fresh and as new as this moment in which I contemplate It. I am not an accumulation of years; I am a beloved individualization of Mind which brought me into being. Life, flowing in me under the direction of Mind maintains my body as the healthy instrument of God-consciousness which it is.

As God-consciousness, I am the outlet of new, unique and prosperous ideas flowing from Mind and seeking expression by means of me. This creative action is producing beauty, harmony and joy in my experience and in the experience of those with whom I come in contact. I rejoice in knowing that the world is being constantly improved because I know that where I am, God is.

*Carleton Whitehead*

*Tuesday, December 21*

**I ACCEPT MYSELF AS IMPORTANT TO LIFE**

**M**AN IS never alone or out of touch with his world. God created persons as self-expressions of Itself, endlessly different, endlessly important. By means of Its ideas, men and women, Infinite Mind does something new, solves the seemingly unsolvable, and gives color and comfort to this day.

Accepting God as Omnipotent, I have accepted myself. I see myself as necessary and always occupied. I lead on in this strength, and my fellow beings want to be where I am. Comparisons cannot cheat me of self-esteem. Consciousness has no degrees. It does not give pieces of Itself to this one or that. It is whole. It is everywhere.

To the yearning thought that seeks inspiration, good companions and absorbing interests, Mind Action delivers every favorable contact and fulfilling circumstance. My desires contain the answers, otherwise I could not know the desires. I rejoice in these decisions.

In me and as me Spirit is walking the world today, loving and loved, active and free. Here is the Work and here is the Companion.

*Catherine Hubbell*



*Wednesday, December 22*

**I AM POWER-FULL**

**D**IVINE INTELLIGENCE endowed me with the ability to do and act. My power of accomplishment is God-given and God-ordained. I accept this Infinite Power, realizing that it is the force, energy and vitality that gives life to my ideas and form to my experience. Power is infinite. My use of it is the movement of this limitless power flowing through me, maintaining its aliveness.

No feeling of helplessness can ever have any place in my mind. Circumstances beyond my control could not possibly exist. I am the full expression of Infinite Mind. This power backs up every decision I make. Every effort I put forth is this Infinite Power knowing its completeness of being. My ideas are the movement of Creative Power objectifying that which it is. Since this power is God and God is all, it is the only power; therefore there is nothing in me that could believe in some counterforce. I rely completely upon this power, and this power for Good finds its complete release in all that I am.

*Robert H. Bitzer*

*Thursday, December 23*

### **I AM AT PEACE**

**I** AM at peace in that Peace which is never disturbed. Always I am in the Divine Order of life. There is no congestion or confusion in my consciousness so there are no negatives in my thinking. The harmony of the Spirit is the harmony of my mind. God's action in me is perfect and it functions freely in my mental environment, which is at peace.

Divine Ideas fill my mind and these are peaceful ideas containing their entire creative process for fulfillment. They inspire me to right ways of demonstration. They make easy the work of this day. I instantly know what I need to know. I act upon these great ideas with total faith in them and in their end results.

I am at peace with all people. I respect the individuality of every person. I make no attempt to control anyone. My consciousness of peace is obvious to all. People find an inner peace of their own when they associate with me. I praise the peace of the Eternal Mind.

*Raymond Charles Barker*

*Friday, December 24*

**THE CHRIST CONSCIOUSNESS IS BORN IN ME**

**I** KNOW that the Christ consciousness can come into expression only as the result of an immaculate conception. It is fathered by a mind centered on good, and mothered by a heart filled with love. I now prepare for the birth of the Christ consciousness in my life by cleansing my mind and heart of all negation. I am receptive to the pure inspiration of Infinite Wisdom and to the creative power of Divine Love.

Within me a wonderful activity is taking place. Through the power of the Holy Spirit I am bringing into expression the perfect Self I was created to be. As the Christ consciousness is born in me, my life becomes richer and more meaningful, my joy is made full, and my sense of peace passes all human understanding. I know that the creative activity of God within me can accomplish all that needs to be done by me.

My Christ-awareness is my hope of glory, and my Christ-expression is the hope of the world.

*Miriam H. Crowder*

*Saturday, December 25*

**I ACCEPT MY MANY GIFTS**

**T**HIS MOMENT I awaken to the consciousness of childlike expectancy, knowing that there are countless presents of great worth for me to to unwrap. All that I have secretly dreamed of and dared to imagine as mine, life has heaped in gay abundance at the threshold of my mental acceptance.

The gift of newness is mine now. I accept it. I remove it from its tinsel wrappings. Right now I ascend upwards and out of the somber trappings of "adult reasoning." I assume the vantage point atop the highest peak where childlike faith and the wisdom of maturity become the perfectly blended lenses through which I view reality.

I refuse to doubt myself or others. I allow only peace and goodwill to fill my cup of consciousness. Silently I praise the "miracle child" that I AM. Loudly I proclaim my "I-AM-ness" through the perfect works that I accomplish. I confidently command the affairs of my world, knowing that they hold multiple gifts of goodwill for me.

*Frank E. Richelieu*

*Sunday, December 26*

**I AM REBORN**

**A** REBIRTH takes place in me each time I eliminate the sense of separation from God. "Unto us a child is born . . . and his name shall be called Wonderful." The nature of my unity is wonderful: I am one with all Life. New and better experiences are mine each time I negate false concepts from my mind and realize that in consciousness I have all the attributes of Divine Being. I accept my responsibility to the Creative Principle of Life, for I am one with it as Conscious Mind.

I speak my word and whatsoever I desire is given to me, for God withholds nothing. As I select and believe, it is done unto me. I am grateful for the Law by which this happens. I can experience only those things I select for myself. I rejoice and am glad.

The graciousness of God fills my life with confidence, success and courage. As a little child becomes wise as a man, I am forever growing in the ways of the Law. I am forever expanding my spiritual awareness. I become more mature in the ways of God, whom to know aright is life eternal. I live in peace.

*Charles McCutcheon*

*Monday, December 27*

**I EXPRESS THE HIGHEST AND BEST**

**E**NTERING today's action, I am free to act with true freedom. I have a Divine purpose which has brought me to this day. I am working with the Infinite Intelligence which is unveiling Its works in the visible world. I accept my place as one of importance and joy.

My action moves forward with ease and success. As the energy from within rises to meet my decision, I act without accumulating fatigue. I am always at rest for I do not expend energy; I am expressing from the Whole to the parts. There is a limitless supply of strength and vitality at my disposal. I cannot be tired for there is no friction in the Divine Expression, and that Expression is expressed by means of me.

My ideas come into my focus from the Source of limitless knowing. I am poised and flexible upon the moment, and there is no stress in my mental grasp of the highest and best. With simplicity and without vagueness, I accept and bring forth right action which results in ever greater experiences of good.

*Juanella Evans*

*Tuesday, December 28*

**MY THOUGHT DIRECTS POWER  
IN CONSTRUCTIVE WAYS**

**G**OD IS the only power in the universe. That power is always for the actions that are positive, right, appropriate and perfect. I recognize my responsibility and my privilege in giving direction to it. This moment I speak this word to direct into dynamic right action the one power. I speak this word with quiet acceptance, inner rejoicing and the thrilling expectation of its immediate result.

I accept the activity of this power to mirror forth in my body the harmonious flow of life and light. I accept the abundance and riches of the Divine Spirit right now in my affairs. I adjust my relationships with those near me and about me so that deep understanding prevails.

The One Power, with its inherent tendency toward creativity, I now accept and activate to bring into manifestation the Divine Ideas that are mine by right of consciousness. I give thanks for positive thinking to guide and direct power always into God's perfect action. I let it be so, and it is so now.

*Earl D. Barnum*

*Wednesday, December 29*

### **SPIRIT IS COMPLETE IN ME**

**S**PIRIT is that which knows, and is complete in that which it knows. What it knows cannot be inhibited nor denied, because its self-knowingness includes its full manifestation. It is not subject to finite beliefs, because Infinite Mind knows only infinite being. Nothing can interfere with its full awareness of that which it is. No lack of perception nor lack of receptivity has any existence in it.

Spirit knows man as Spirit, therefore there is nothing in me that could inhibit or deny perfect being. My completeness in Spirit brings the complete manifestation of that which I am. My ideas are perfect and complete and unfold in perfect sequence, therefore I can never wrongly identify my experiences. They reflect my constructive attitudes of mind. I sustain the right attitude for each experience that is right for me. Spirit never does things halfway. What it does, it completes; therefore I am the complete expression of its perfect idea of me, functioning in its perfect mind, completely unfolding perfect being.

*Robert H. Bitzer*



*Thursday, December 30*

**I AM ETERNAL YOUTH**

**I** BELIEVE in eternal youth, for I believe in God. I am eternal youth, for I recognize the Presence of God creating through me at all times. I am always aware of the completeness of God expressing Itself through me, so I am always filled with the glory of life, eternal life. I cannot age or deteriorate, for I am that which is ever renewing itself, which is ever complete. My acceptance of God as the only power frees me from sitting in judgment.

Being free of all judgment, I am automatically free of all worry, anxiety or fear. I am always free to see the beauty and truth of life, for I look through a consciousness that does not need to judge, condemn or intellectualize.

As I let go of the need to make things happen, to try to improve upon that which is already complete, I am fully aware that all that I need I already am. I am tireless, for I am that consciousness that is serene and free.

*Tom Johnson*

*Friday, December 31*

## **I LOVE LIFE**

**I** REJOICE that the Divine Wisdom created me out of Itself to live in these times. I accept myself as the right person in the right place to accomplish the right things this day. I have a great expectancy of increased good in every area of my life. I am undaunted by problems. I solve them with my use of right thinking.

I live fully, richly and with a spiritual purpose. I am unhurried and unworried because I know the truth of that which I am. I radiate health, happiness and prosperity. I project my faith and it is contagious to others. I remain optimistic despite what I see, hear and read. I have faith that God is still running this universe.

I praise the health, the wealth and the love that are mine. I give full expression of my well-being. I love people and they love me. My happiness is deeply rooted and I share it with all. God finds full expression in me and through me.

*Raymond Charles Barker*

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Published monthly by the International Association of Religious Science Churches, a nonprofit California Educational and Religious Corporation, P. O. Box 4101, Carmel, California 93921, U.S.A. 35¢ per copy, \$4.00 per year. Chairman of Editorial Board: Raymond Charles Barker, Editor: Elena Goforth Whitehead.

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